

COMPREHENSIVE ANALYSIS OF HOUSEHOLD SAVINGS IN EMERGING MARKETS



Article by Sakthi Kumararaja, Research Intern, Frost & Sullivan Institute

Introduction

Household savings, often regarded as the cornerstone of a nation's economic stability, encompass the funds that individuals and families set aside from their earnings for future needs and contingencies. These savings serve as a financial buffer against unexpected expenses, a means to achieve long-term goals, and a source of capital for investments. In the quest for economic resilience and individual financial security, the significance of robust household savings cannot be overstated.

A household savings economy presents multifaceted advantages within a national economic framework. With consumption and investment as the primary constituents of national income, savings emerge as a critical facilitator by generating essential funds for investment, thereby bolstering economic growth. ¹In the context of emerging countries like India, where household savings surpass 65% of gross savings in 2021-22, the impact is substantial. Households' proactive savings practices not only cultivate a financial safety net for individuals but also provide a strong pool of investable funds. This accumulation of savings fuels capital formation, fostering a conducive environment for entrepreneurial endeavours, infrastructure development, and innovation. Furthermore, a culture of household savings instils resilience, empowering individuals to weather economic fluctuations while fostering a stable foundation for long-term prosperity and sustainable economic growth.

Factors Influencing Household Savings

The level of household savings within a country is intricately shaped by various factors, including economic stability, cultural and societal norms, government policies, and the extent of financial education and awareness. These numerous aspects collectively influence the dynamics of household savings in different countries.

• Economic Variables and Saving Capacity:

Economic factors such as inflations, recessions, income levels and job security play a fundamental role in determining the capacity to save. For instance, the amount of inflation in India varies from one state to another. ²In September, 2023, inflation decelerated to 5%. This decline was attributed to several factors, including base effects, a reduction in LPG rates, and a moderation in the increase in vegetable prices. However, there were notable price surges in products such as pulses, fruits, and eggs. In terms of regional variations, the highest inflation rates were recorded in Rajasthan and Haryana at 6.5%, while the lowest inflation was observed in Chhattisgarh, standing at 1.98%. These fluctuations play a role in determining how much money a household can allocate for savings.

Cultural and Societal Forces in Savings Behavior:

Cultural and societal influences, along with peer and community pressures, impact an individual's propensity to save, with some cultures emphasizing frugality and long-term planning. Certain cultures have long-standing traditions of savings, such as "hundi" systems in South India, which is a

 $^{^{1}\,\}underline{\text{https://economictimes.indiatimes.com/wealth/personal-finance-news/how-falling-household-savings-affect-}\\\underline{\text{the-economy/articleshow/104056049.cms}}$

² https://www.thehindu.com/business/Economy/india-retail-inflation-september-2023/article67412305.ece

savings practice where people save their money in collection boxes (Hundis). Families frequently allocate substantial savings for significant life events like weddings, shaping their overall savings approach. The cultural impact extends to the broader Indian household savings economy, with expenditures shifting towards status symbols such as expensive cars and phones.

• Government Intervention in Savings Dynamics:

Government policies, including tax incentives and social safety nets, can either encourage or impede savings efforts. They have a substantial impact on household savings in India, as they shape the regulatory environment and provide incentives or mandates for saving. The Reserve Bank of India (RBI) sets benchmark interest rates, influencing the returns on various savings and fixed-income instruments. Changes in interest rates can impact the attractiveness of certain savings options. Government initiatives such as subsidies on essential goods and services, such as cooking gas, can indirectly influence household savings by reducing the cost of living.

• The Transformative Impact of Education on Financial Awareness:

Financial education and awareness programs empower individuals with the knowledge and skills to make informed financial decisions, fostering a savings culture. Households can choose the options that align with their financial goals through a better understanding of various financial instruments, risks, and returns. With the introduction of NEP in Karnataka, financial education and investment management became a part of the mandatory course curriculum for undergraduate students of various streams. This allows students to gain a general understanding of finances that would prove to be useful after they graduate and begin to establish their own households.

Advantages of Household Savings for Emerging Economies

Investment in Infrastructure:

When households save, financial institutions have funds to lend for infrastructure projects, such as building roads, bridges, and public transportation systems, thereby contributing to economic growth by enhancing connectivity and productivity.

For instance, Japan's success in leveraging household savings for infrastructure investment after World War 2 showcases the pivotal role of savings culture in national development. Throughout the postwar era, the household savings rate, initially below 10 percent, displayed a consistent upward trajectory. By 1974, the household savings rate had surged to approximately 24 percent. By channelling savings into infrastructure projects, Japan was able to rebuild and create a strong foundation for its economic prosperity, emphasizing the crucial link between household savings and infrastructural advancement.

• Capital Formation:

Savings often get channelled into investments in businesses and startups. When households invest in stocks, bonds, or mutual funds, they provide capital to companies for expansion, research, and innovation. This fosters entrepreneurship and contributes to job creation and economic growth.

³ https://www.elibrary.imf.org/view/journals/001/1987/015/article-A001-en.xml

⁴The Mittelstand, widely regarded as the heart of Germany's economy, substantiates its significance by commanding the largest proportion of the nation's economic output. Germany's Mittelstand refers to its medium-sized enterprises, which form the backbone of the country's economy. Employing approximately 60 percent of the workforce, these mid-sized enterprises not only offer substantial employment but also play a pivotal role in delivering essential training and contribute significantly to the corporate tax revenues in Germany. Supported by a culture of household savings, this exemplifies how savings can stimulate entrepreneurship, job creation, and economic resilience.

• Education and Human Capital:

Household savings directed towards education, whether through savings for children's education or personal upskilling, leads to a better-educated workforce. This contributes to higher productivity and innovation, ultimately benefiting the nation's economy. Countries like South Korea and Finland have seen significant economic growth partly due to investments in education fuelled by household savings.

⁵Singapore's Central Provident Fund (CPF) is a comprehensive social security savings plan that encompasses various life stages, including education. CPF funds can be utilized to finance tertiary education expenses, including tuition fees and living allowances. This mechanism ensures that individuals and their families have a dedicated pool of savings to draw from when pursuing higher education. Singapore's CPF education loan scheme serves as a compelling example of how household savings, channelled through a structured system, can significantly contribute to education financing. By offering a dedicated mechanism for funding education expenses, CPF has played a crucial role in making education more accessible and supporting lifelong learning, ultimately contributing to the country's human capital development and economic competitiveness.

• Stability During Economic Downturns:

When households have substantial savings, they are better equipped to weather economic downturns. They can maintain consumption levels and keep the economy stable by continuing to spend even when there is a broader economic slowdown.

Switzerland is known for its robust financial stability, which has been attributed in part to its strong culture of household savings and prudent financial management. ⁶The Swiss are by far the largest savers among OECD countries. According to data from the Organisation for Economic Co-operation and Development, the average savings rate for Swiss households is around 19 percent as of 2022. This is well above the European Union's average of around 6 percent. Switzerland's example showcases how a culture of household savings can fortify a nation's economy during economic fluctuations. By fostering a savings culture, Switzerland has established a financial buffer that contributes to economic stability, highlighting the critical role of household savings in weathering economic fluctuations.

⁴ https://english.bdi.eu/topics/germany/german-mittelstand#/article/news/the-heart-of-the-german-economy

⁵ https://www.cpf.gov.sg/member/faq/other-schemes/cpf-education-loan-scheme/what-is-the-cpf-education-loan-scheme

⁶ https://www.statista.com/chart/31435/household-savings-rate-in-selected-oecd-countries/#:~:text=The%20Swiss%20are%20by%20far,percent%20(data%20from%202022).

Challenges impeding Household Savings

• Low Income and Financial Constraints:

For many households, limited income poses a significant challenge in saving money. High living costs, stagnant wages, and increasing expenses often hinder the capacity to save. This is especially true for employees who work for minimum wage. Low income and financial constraints pose formidable challenges to household savings, often impeding the accumulation of financial reserves necessary for future security. For instance, in regions like rural Uttar Pradesh, India, where agricultural livelihoods prevail, households earning near-subsistence incomes find it arduous to set aside savings due to meagre earnings and irregular cash flows linked to seasonal harvests. Similarly, in urban slums such as Kibera in Nairobi, Kenya, where informal employment dominates, low wages and inconsistent work opportunities limit the capacity to save, exacerbating financial vulnerabilities and hindering the establishment of robust savings habits. Constrained income levels and limited access to stable earnings hamper households' ability to save, perpetuating cycles of financial fragility.

Debt Burden:

Accumulated debt, including student loans, mortgages, and credit card debt, can strain household finances. Balancing debt repayment with saving becomes challenging, especially when high-interest rates amplify the overall debt burden.

⁷Over the past two decades, the burden of student debt in the United States has witnessed a more than twofold increase. As of March 2023, the collective debt of approximately forty-four million U.S. borrowers reached an alarming \$1.6 trillion in federal student loans alone. The proposal for student loan forgiveness under the Joe Biden administration, estimated to cost approximately \$400 billion, raises considerations regarding its potential impact on the national budget. The interconnected relationship between household debt and broader economic health is crucial as high levels of debt can impede household savings and, consequently, hinder overall economic growth. The decision to pursue student loan forgiveness thus involves weighing the short-term fiscal impact against the potential long-term benefits to individual households and the broader economy.

Emergency Expenses:

Unexpected expenses, such as medical emergencies or sudden repairs, can derail savings plans. Without an emergency fund, households may need to dip into their savings or accumulate debt to cover these unforeseen costs. A general rule of thumb is to set aside three months' worth of income for emergencies but due to improper planning, emergency expenses tend to disrupt savings among households.

• Retirement Planning:

Planning for retirement requires substantial savings. Many households struggle to save adequately for retirement due to various financial obligations and competing priorities. Retirement planning represents a formidable challenge to household savings, necessitating a delicate balance between

⁷ https://www.cfr.org/backgrounder/us-student-loan-debt-trends-economic-impact#:~:text=As%20of%20March%202023%2C%20about,loans%20and%20credit%20card%20debt.

immediate financial needs and long-term financial security. Individuals often grapple with the task of allocating a significant portion of their income toward retirement savings while concurrently addressing pressing day-to-day expenses. The intricacies of retirement planning, including uncertainties related to healthcare costs and the adequacy of pension plans, can further complicate the process. As retirement funds are usually stored in fixed deposits, they limit the free flow of cash within the economy, affecting the financials of a country.

• Access to Financial Services:

In some regions or communities, limited access to financial institutions or banking services can hinder opportunities for savings and investments. Access to financial resources poses a significant impediment to household savings, particularly in regions where individuals encounter barriers to formal banking services. In rural areas of Sub-Saharan Africa, for instance, limited access to traditional banking infrastructure may compel households to resort to informal and less secure methods of savings, hindering the accumulation of funds. Scrutiny of marginalized populations, and a lack of documentation or credit history might restrict individuals from accessing loans or savings accounts, impeding their ability to engage in formal financial planning. These examples underscore the critical role that access to financial resources plays in shaping household savings behaviors and emphasize the need for inclusive financial policies to overcome such challenges.

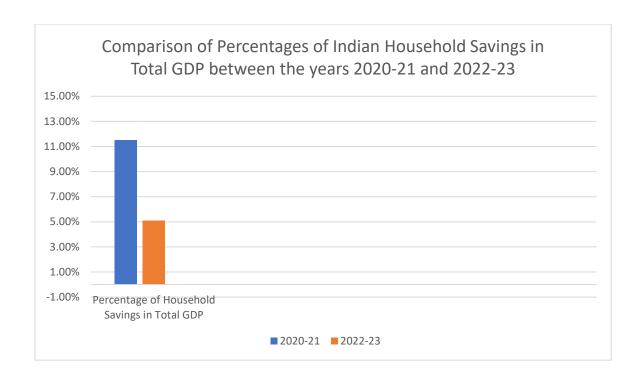
Case study

Comparative Analysis of the Household Savings Economies of India and China:

⁸The net financial savings of Indian households, encompassing a spectrum of financial instruments such as bank deposits, equities, bonds, and insurance policies, experienced a significant decline, dwindling to ₹13.8 trillion during the fiscal year 2022-23. This amounted to a mere 5.1% of the nation's Gross Domestic Product (GDP). This marked a striking contrast from the fiscal year 2020-21, when household savings surged to ₹22.8 trillion, representing a substantial 11.5% of the GDP. The abrupt drop to the 5.1% threshold in the most recent fiscal year represented the lowest savings rate witnessed in nearly five decades, signifying a notable departure from the previously observed savings patterns within the Indian household economy. The implications of this downward trend in savings have garnered attention and concern within the financial landscape, necessitating inspirations for the country to enable Indians to save more.

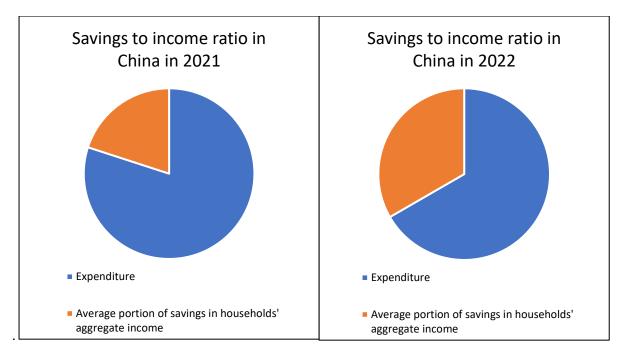
⁸ https://www.livemint.com/economy/mint-explainer-what-plummeting-household-savings-mean-for-the-economy-

 $[\]underline{11695798624355.html\#:} ``:text=The\%20net\%20financial\%20savings\%20of, trillion\%20or\%2011.5\%25\%20of\%20GDP.$



⁹On the other hand, the Chinese populace demonstrated a remarkable propensity for savings. The global pandemic and the resulting constraints compelled individuals to remain within their homes, fostering a unique environment conducive to saving. Consequently, Chinese households collectively saved up an unprecedented sum, amounting to a staggering \$2.6 trillion. These financial reserves found their primary repository in bank savings accounts in the year 2022. This figure marked an astounding 80% increase from the preceding year, attesting to the remarkable surge in household savings. Notably, this represented more than a third of households' aggregate income, a giant shift from pre-pandemic times when savings typically accounted for approximately one-fifth of the earnings. The surge in savings observed in 2022 underscores the profound impact of external circumstances on financial behaviour, reflecting a heightened awareness of financial security and contingency planning among the Chinese people.

⁹ https://edition.cnn.com/2023/02/07/economy/china-record-savings-revenge-spending-intl-hnk/index.html



This surge, surpassing the typical savings patterns observed in pre-pandemic times, highlights a heightened awareness of financial security and the importance of contingency planning. The unique circumstances imposed by the global pandemic compelled individuals to reevaluate their financial priorities, resulting in a substantial increase in savings that now represents more than a third of households' aggregate income. This notable change underscores the adaptability of financial behaviours in response to external factors and signals an enduring impact on the savings landscape in China.

Key Recommendations for Enhancing Emerging Household Savings Economies

• United States' 401(k) Retirement Plans:

In the United States, 401(k) retirement plans play a pivotal role in fostering individual savings for retirement. These employer-sponsored accounts provide tax advantages by deferring taxation on contributions and investment gains until withdrawal. Participants can customize their investment portfolios, potentially optimizing long-term returns. Employer contributions further incentivize savings, contributing to both individual financial responsibility and national economic growth.

• The Resurgence of Spain's Household Savings:

¹⁰ Spain's household savings have rebounded, marking the first upward shift since the pandemic. The Q1 2023 savings rate reached 7.5%, surpassing the pre-pandemic average. Factors include a 10.1% YoY growth in disposable income, driven by increased wages, social benefits, and diversified income sources. This resurgence is attributed to a moderation in inflation and a boost in gross disposable income, reflecting improved economic dynamics.

 $^{^{10}\,\}underline{\text{https://www.caixabankresearch.com/en/economics-markets/activity-growth/rebound-spanish-households-savings-and-buoyancy-gross-disposable}$

• Germany's Riester Pension:

The Riester Pension in Germany is a government-sponsored private pension scheme designed to incentivize long-term retirement savings among citizens. contributors receive direct government subsidies and tax incentives, fostering a favourable savings environment. Additionally, the Riester Pension provides financial security during retirement by ensuring a steady income stream through annuities or lump-sum payments. Individuals under 25 years old receive a one-time sign-up bonus of €200 from the state. This bonus serves as an immediate financial incentive for young individuals to initiate their Riester Pension contributions, fostering early engagement in prudent financial planning and ensuring a more secure retirement future.

In conclusion, the comparative analysis of the household savings economies of India and China underscores the transformative potential of adopting prudent savings practices. The Chinese model's emphasis on meticulous budgeting, and automated savings offers valuable insights.

To enhance emerging household savings economies, several key recommendations emerge:

- 1. Promotion of financial literacy and education to empower individuals with the knowledge and skills needed for responsible financial management.
- 2. Introducing policies that encourage automatic savings, including tax incentives.
- 3. Implementation of social schemes to allow citizens to increase their gross incomes.
- 4. Establishing dedicated savings accounts that restrict easy access, fostering a long-term perspective.
- 5. Cultivation of a cultural shift toward frugality and conscious spending.
- 6. Encouraging investments in a diversified portfolio to build wealth over time.

By implementing these recommendations, emerging economies can inspire their citizens to save more and secure their financial well-being, thus contributing to a broader economic stability and prosperity.